



GLAD Tidings

Fall 2012

Get the Scoop on GLAD House

The virtual makeover GLAD House has embarked on over the past year would not be complete without a Facebook page. Join the conversation on Facebook by visiting our page at www.facebook.com/GLADHouse and click the "like" button to start connecting with information, updates and the amazing stories of success as they happen. You can also magnify our voice by spreading the word to your friends through sharing our posts.

As we move toward more digital communication we would love to interact with you through e-mail. This will enable GLAD House to provide you with timely information about how we make a difference in the lives of children and their families in a cost effective and quick manner. Please e-mail enews@gladhouse.org to provide your information and be added to our digital mailing list.



<https://www.facebook.com/GLADHouse>

GLAD HOUSE TEMPORARILY RELOCATES

As we search for a new and permanent home for GLAD House, we have temporarily moved to a different building on the campus of St. Aloysius. The one-story building is located by turning into the St. Aloysius driveway at the traffic light and taking the first right. Our contact information has remained the same. The Board of Directors, along with staff are in the process of searching for a building to support our growing programs with about 6,000 square feet that will accommodate a mixture of office space, group therapy space, a large community room, kitchen space and outdoor space.

Family Outreach Team Makes an Impact

As part of our continued commitment to better serve youth and their families, GLAD House recently created a Family Outreach Team. The team includes Child/Family Therapist Kim Stephens and two case managers, Wilma Hopkins and Mary Brantley.

The GLAD House Family Outreach Team works to empower, educate and guide families toward stabilization and self-sufficiency by removing barriers to maintaining basic needs. Families complete a family needs assessment at intake to create an individualized service plan and work toward identifying potential barriers to success.

Therapists and case workers assist families in learning how to connect with existing social service agencies. We work with families to build skills around

budgeting, applying for jobs, enrolling in GED classes and additional areas.

"The creation of the family outreach team was established in order to reach areas within the families that are essential to keeping it together," Kim Stephens said.

In the short time the team has been working intensively with families there have already been a number of success stories. One family was able to obtain their own apartment by learning how to plan, save and use community resources. Several mothers were able to obtain summer employment through help from case manager Wilma Hopkins. The team also helped a family who could not afford glasses for their son through finding various resources within the community and at his school that led to an eye exam and a new pair of glasses.

Empowering Children and Strengthening Families to Break the Cycle of Addiction

Investing in Prevention Now Saves Money in the Future

Historically, prevention services have not been well funded despite the overwhelming research that shows benefits outweigh costs by at least 2 to 1. GLAD House provides intensive intervention and prevention services for some of the most at-risk members of the community this includes drug & alcohol prevention education, counseling, family outreach and life skills.

\$7 Billion Per Year

is spent by Ohioans on the cost of alcohol and other drug abuse in health care costs, social welfare programs, lost productivity, treatment and the criminal justice system.

11 Million

Americans between 12 and 29 are classified as having a substance dependence or abuse problem. Of those 11 million, **90%** are not getting the help they need.

Prevention Works

By decreasing or eliminating alcohol and drug use by young people, we increase academic achievement, school retention, stable family relationships, physical health and safety, while at the same time decreasing violence and crime, abusive relationships, unsafe sexual behavior, alcohol/drug related traffic accidents and involvement in the criminal justice system.

\$1 = \$10 Return

for every dollar spent on the Strengthening Families Program the community will see a net benefit of \$10. We provide this program to about 30 families per year.

\$717 Benefit

to society per child using the Life Skills prevention program. Over 400 youth have gained skills related to drug resistance, good decision making and enhanced self-esteem from the Life Skills program.

Celebrating Dr. Lampkin's Living Legacy

Dr. Beatrice C. Lampkin was recognized by the Greater Cincinnati Regional Chamber as a 2012 Great Living Cincinnati. GLAD House hosted a dinner at The Cincinnati Woman's Club in celebration of her incredible achievements. Since 1963, the children of Cincinnati have benefited from the compassion and tenacity of Dr. Lampkin through her work at Cincinnati Children's Hospital Medical Center, Ronald McDonald House and GLAD House. Thousands of families have been given hope and a second chance at life. Through the creation of GLAD House, hundreds of youth have learned how to break the multiple cycles of addiction, poverty, violence and crime in a nurturing, innovative environment while focusing on a better, brighter future where dreams do come true.



Did You Know ...

Artistic expression plays an important role in helping children develop emotionally, physically, and socially. Making art helps youth grow, learn to solve problems, cope with stress, develop motor skills, make friends and express their feelings. The process of creating art can help children communicate their thoughts when they may not have the words or the ability to say how they are feeling. GLAD House Youth Service Worker Andy Houston, holds a Master's of Education in Art and helps youth explore new avenues of expression through therapeutic art projects.



POTTERY CREATED BY GLAD HOUSE YOUTH FOR DR. LAMPKIN'S DINNER IN APRIL

Board Welcomes Four New Members



MARY RITA WASHBURN

Mary Rita Washburn has over 18 years of experience as a civic volunteer helping a variety of organizations in the nonprofit and educational sectors advance their missions through fundraising and awareness. "Serving on GLAD House's board is an opportunity to work with other similarly focused adults in carrying out the mission of GLAD House to break the cycle of addiction."



GARY DUNBAR

Gary Dunbar comes to GLAD House as the Divisional President of the Bond Division of the Great American Insurance Company. "The most exciting aspect of GLAD House is that it offers a hand up, not a hand out. GLAD House is an organization that wants to help those that want to better their lives."



PATRICK KHATTAK

Patrick Khattak is a Senior Assistant Brand Manager at Procter & Gamble with extensive experience in marketing, branding, public relations and media development. "I know the experiences of a child echo into adulthood and thus believe the key to making a lasting, positive change in this world begins by touching the hearts and minds of our youth – the leaders of tomorrow."



ALLISON McGRATH, JD

Allison McGrath works as a Guardian Ad Litem for the Hamilton County Office of the Public Defender advocating for the children in cases of abuse or neglect. "I am excited for the opportunities for long-term support that GLAD House can offer to the children that I work with on a daily basis. I hope to help to expand the reach of GLAD House services to more at-risk children of Hamilton County"



GLAD HOUSE IS HAPPY TO CELEBRATE THE HIGH SCHOOL GRADUATION OF FIVE TEENS WHO HAVE BEEN WITH GLAD HOUSE FOR OVER 10 YEARS EACH. FOUR OF THE GRADUATES WILL ATTEND VARIOUS UNIVERSITIES THIS FALL ON SCHOLARSHIPS.

GLAD House Board of Directors



- Sara Rorer, JD. - President
- H. Spencer Liles - Vice President
- Lisa Vannis, CPA - Treasurer
- Mary Schwaderer - Secretary
- William Brown
- Robert Carroll, CPA, CFP, CDFA
- Gary Dunbar
- Allison McGrath, JD
- Deborah Heater, JD
- Beatrice C. Lampkin, MD
- David Lindner
- Patrick Khattak
- Jeffrey Stanley
- Mary Rita Washburn

Every Dollar Makes a Difference



Examples of how your donation can make a difference.

\$30 can provide a child with a backpack filled with school supplies.

\$50 can provide a child with nutritious dinners for a month.

\$100 can provide holiday gifts for children who may not otherwise receive them.

\$250 can provide materials for 20 families in the Strengthening Families Program.

Journal Article
Published with Data
From GLAD House

GLAD House founder Beatrice C. Lampkin, M.D. and Mary Schwaderer, GLAD House Board Member worked with corresponding author A. Kathleen Burlew, Ph.D. and students of the University of Cincinnati Department of Psychology to publish an article titled "Parenting and Problem Behaviors in Children of Substance Abusing Parents" in the peer reviewed journal Child and Adolescent Mental Health. Data from GLAD House was used to complete the research.

Journey to Successful Living Grant



In March of 2012, GLAD House was chosen to be an agency in the Journey to Successful Living Program through a grant from the Hamilton County Mental Health and Recovery Services Board. Journey is the Hamilton County System of Care that was established in 2009 through a federal grant from the Substance Abuse and Mental Health Services Administration. The System of Care is a collaborative partnership between multiple agencies to provide a complete array of services to transition youth ages 14-21 and their families in Hamilton County.

Teens who are experimenting

with substance use or struggling with mental health issues and are at high risk for becoming involved in the criminal justice system are referred to the Journey at GLAD House program to receive treatment using the evidence-based Seven Challenges model. The Seven Challenges help youth understand what needs they are meeting by using drugs, what harm they are causing, what risks they are taking, and what it entails to make changes. The goal is to create an atmosphere of mutual respect where individuals can talk openly and honestly about themselves until they are ready to make a sincere commitment to change. Therapists and case workers guide clients through the process of learning life skills and making healthy decisions that will result in long-term success.



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